



## Principal's Thoughts

I love our Schoolwide Learning Expectation this week: A conscientious individual in a diverse society who is able to demonstrate self-discipline. This concept is definitely an important life skill but sometimes difficult to do especially living while in a world of so many people with such a variety of personalities. In our little world of St. Agnes School, we find many of our children are struggling to self-regulate. To address this need we have over the last couple of years, implemented Zones of Regulation schoolwide and grade level social emotional learning (SEL) programs, to assist our children. We use the Kimochis curriculum in preschool-first grade to help students identify and understand their emotions using the Kimochis characters. The children are encouraged to recognize their emotions and peacefully communicate those feelings to others. Students in grades 2-5 learn about how the brain works, how to manage and control their emotions while discovering strategies to build healthy relationships through lessons in the Changemakers program. The junior high students practice mindfulness strategies, journal writing, scripture and lessons about brain development to find ways to manage stress and peer relationships in a healthy, positive manner.

The above-mentioned curriculum lends itself beautifully to the Zones of Regulation program which gives visual cues/color coding and vocabulary to the various emotions children experience throughout the day. This common language schoolwide, helps the students further communicate their needs so the various tools introduced to them in this program, to manage their emotions, can be utilized. This user friendly language can be easily used at home and offers a nice bridge between school and home. Here is a link to the website to see the resources offered:

<https://zonesofregulation.com/>.

As you know, each morning we pray together as a school community and recite our PeaceBuilder Pledge. This sets the tone for the day and reinforces the expectations of how we should conduct ourselves. By using this daily routine in addition to the vocabulary and strategies learned in these various programs, it is our goal that our students will have the necessary tools to manage their emotions and relationships each day!

### ***St. Agnes School Mission Statement***

***St. Agnes School, in partnership with the Catholic Schools in the Diocese of Oakland educate children in the Catholic faith and nurture their minds, bodies, and souls, inspiring them to live the Gospel of Jesus Christ, achieve their highest academic and creative potential, and actively serve and enrich the community.***

## Newsletter-9/25/24



[www.stagnesconcord.com](http://www.stagnesconcord.com)



- **Conference Sign-ups Going Fast!**

- Here is the link for conferences in case you missed the email blast sent on Monday: <https://www.signupgenius.com/tabs/23677D902A3CBEDC53-2425teacher - />
- Please click on the name of your child's teacher and enter this access code: 2425conferences. You will need to repeat this process for each of your children's teachers.
- This link will be available until October 2<sup>nd</sup>.
- All families need to make an appointment for either October 9<sup>th</sup> or 10<sup>th</sup>.

- **Family Directories are Here!**

- You will find your Directory in your envelope today! Please patronize our sponsors!

- **Mark Your Calendars**

- First Grade enthusiastically invites you to the Blessing of the Animals Prayer Service on Friday, October 4<sup>th</sup> at 8:45am in front of the 5<sup>th</sup> & 6<sup>th</sup> grade classrooms.
- Pets are welcome to come to be blessed as long as they are leashed or cozy in a carrier and taken home at the conclusion of our service!
- If your pet is too stressed to come or you cannot make it, the children can bring a picture of their furry, feathery or scaly friend.



### Wheel-a-thon News

**Count Down: 2 DAYS LEFT!**



- **Here We Go!**

- WAT is **this** Friday and the excitement is building!
- Our wonderful friends at the Living Way Foursquare Church across the street have generously opened their parking lot for us to use.

- **Please Read the Important Notes page in your WAT Packet**

- Is the bike in good working order? Helmet fits?
- Bike and helmet are labeled with student's name?

- **Pledge on Pledgestar**

- Here is the link: <https://pledgestar.com/stagnes>.

- **Please review the drop off and pickup procedures, they are a bit different during WAT!**

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- **October Dine Out**

- Join us at Jacks Urban Eats on Wednesday, October 2<sup>nd</sup> from 4pm-8pm. St. Agnes School will receive 20% of your purchase.
- You can eat in or order out!

- **Save the Date!**

- PACE is thrilled to announce that the annual St. Agnes Auction will take place Saturday, March 22, 2025, at the Garaventa Center at Carondelet High School.
- This year's theme, inspired by The Masters Tournament, is "An Auction Unlike Any Other." Get your green jackets ready!

- **Anyone Know How to Attach Tiles to a Wall?**

- We are looking for someone in the construction business that is licensed and carries liability insurance, who can hang our latest addition to our tile wall.
- Please contact Mrs. Lucia if you can help!



### TIME SENSITIVE

- **Daycare Fees**

- Daycare fees for August 19<sup>th</sup> - September 13<sup>th</sup> have been added to the FACTS accounts of the families using Kids Club this past month.



A big thank you to co-chairs Adam Cesnik and Chris Lynch for a wonderful golf tournament on Monday. The inaugural Amen Tournament has a bright future and we hope you will join in the fun next year! Thank you to our many sponsors that made the day possible! The volunteers were wonderful and took good care of the participants. Blessings to Angie Blackmon and her years of experience to help get this back on our events calendar!

***Weekly Schoolwide Learning Expectation: 2.2 A conscientious individual in a diverse society who is able to demonstrate self-discipline.***

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### **Parish Events**

- **Costume Collection!**
  - The St. Agnes Little Vinnies (Youth conference of the St. Vincent de Paul Society) is collecting gently used costumes for the Bay Area Crisis Nursery.
  - Donation boxes will be located outside the school office and faculty room doors.
  - The last day to donate is October 11<sup>th</sup>.
  - A flyer has been included in your family envelope today.
- **Boutique Shopping**
  - You are cordially invited to shop at the Holiday Boutique THIS SATURDAY September 28<sup>th</sup> from 10am-4pm in Cauchi Hall. A flyer with details has been posted on our website.
  - Many vendors and crafts will be displayed to help you start your holiday shopping early!
- **Calling All Tea Drinkers**
  - Mark your calendars for Saturday, October 12 from 11:30am-2:00pm for the St. Agnes Women's Guild Anniversary Tea.
  - This will be a catered event by Sunrise Bistro.
  - Bring your decorating talents to life by decorating your table with the 60's in mind in honor of the 60<sup>th</sup> Anniversary of the parish.
  - A flyer to make your reservations is on our website. Please consider hosting a table with your daughter and her classmates! Deadline for reservations is October 1<sup>st</sup>.


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***We pray for those who have died and those who mourn their passing: The McDonald Family's maternal grandmother. May they feel God's presence and know our love.***

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	IMPORTANT DATES AND EVENTS
9/26	<ul style="list-style-type: none"> <li>• Scrip Sold 9-11</li> <li>• Rally 1:30pm</li> <li>• School Board Mtg. 6:30 Ministry Center</li> </ul>
9/27	<ul style="list-style-type: none"> <li>• WAT!</li> <li>• Coffee Social 7:45</li> <li>• Minimum Day-12:00 Dismissal</li> </ul>
9/29	<ul style="list-style-type: none"> <li>• 26<sup>th</sup> Sunday of Ordinary Time</li> </ul>
10/1	<ul style="list-style-type: none"> <li>• Spirit T-Shirt Tuesday</li> </ul>
10/2	<ul style="list-style-type: none"> <li>• Minimum Day- Teacher Articulation 12:00 Dismissal</li> <li>• Dine Out – Jack’s Urban Eats</li> </ul>
10/4	<ul style="list-style-type: none"> <li>• Blessings of the Animals 8:45am</li> <li>• Mass 1:30 (Formal)</li> </ul>

